

## **Chesterfield Older Adults Task Force**

### **MEETING AGENDA**

1. Discuss Moving Meeting Date to second Tuesday
2. Nametags for Group
3. Volunteers Needed:
  - Falls Prevention Program, September 22, 10 a.m. – 1 p.m. City Hall –
  - YMCA Healthy Senior Day, October 4, 9:30 – noon
4. Update on Senior Sizzler Programs & YMCA - Becky & Annemarie
  - Dine & Dance (Sept 20 – Chili Lunch & Ashleyliane Dance Company.
  - Mo State Penitentiary Tour, Tuesday, October 18, 7:15 am-6:00 pm
  - YMCA Healthy Seniors Day - October 4, 9:30 – NOON
  - YMCA Alzheimer's Program-Know the 10 Signs. Oct. 4, 11:30 – 12:30  
<https://www.gwrymca.org/news/free-educational-workshops>
  - YMCA Alzheimer's Prevention-Healthy Living for your Brain & Body, November 15, 11:30 – 12:30
  - Scams & Fraud Prevention- West County YMCA, November 17, 1 p.m.
5. CORP Technology Programs Updates – Karen
6. Input on Future Programs/Initiatives – Revisit Past Ideas
  - Repertory Theater Costume Show/Ladies Tea – Bonnie Update
7. Other Business
8. Next meeting – ????